



# Bourne Community Boating

**Eighth Annual Phinney's Harbor Day 5K Multi-Terrain Fun Run**

**Saturday July 13, 2019 8:30 AM**

**Start and finish at the Monument Beach Marina Parking lot off Emmons Rd in Bourne.**

**Please mail to: BCB PO Box 3157 Bourne MA 02532**

**Name:** \_\_\_\_\_

**Age:** \_\_\_\_\_ **Birthdate:** \_\_\_\_\_ **Gender (circle one):** Male or Female

**Mailing Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Emergency Contact Name:** \_\_\_\_\_

**Emergency Contact Phone Number:** \_\_\_\_\_

**Entry Fee \$20 if RECEIVED by BCB by 7/11/19, \$25 if received after.**

**Race Waiver: READ AND SIGN YOUR NAME BELOW TO INDICATE YOU HAVE READ AND UNDERSTAND THE FOLLOWING:**

I know that running or walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able, physically fit and sufficiently trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running or walking in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administrators and anyone entitled to act on my behalf, waive and release the Town of Bourne, Bourne Community Boating, Inc., and all other sponsors, officials, and any and all groups, people, or facilities connected with the Phinney's Harbor Day 5K Fun Run, their representatives and successors from all rights, claims of damages or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

**Signature of Runner or (Guardian if under 18):** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_